



Newsletter

Term One



I want to wish all our amazing supporters a Happy New Year, however, as I compose our first newsletter for the year, I realize that March has already arrived. The temperature has notably dropped, indicating the impending arrival of winter. Thankfully, we have our new outdoor arena to sidestep the inevitable mud, along with an indoor space to seek refuge in case of heavy rain.

Our programmes are in full swing, and it's heartening to witness the joyful faces each week as participants eagerly come in to learn. Our schedule is bustling with activities every day, and we're already receiving inquiries for the upcoming term.

We always welcome visitors, so please feel free to reach out and schedule a visit. It's a great opportunity to meet the team, get shown around the farm and facilities and enjoy the stunning view from the top of our hill.

Blessings, Maria - Interim Operations Manager

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Operations Manager

Sadly, we said goodbye to our Operations Manager, Alan Kuyper at the end of 2023. We are so grateful for his hard work and positivity. We will miss his smiley face, encouraging words to both staff and participants. We wish Alan all the best for his future endeavours.



End of Financial Year

The end of the financial year, 31st March, is fast approaching. Any donations received before then can be included in your 2023/24 tax receipt. It is possible to claim back 33% of your donations. This financial year's tax receipt will be sent to you in April. Please consider donating your tax rebate to Hope Rising Farm, thank you! For donations visit [here](#)

Please contact Maria if you have any questions in relation to your tax receipts.

Email: admin@hoperisingfarm.org.nz

*“I have found my place
[at Hope Rising Farm]
and I feel good here”*

*“I worked on
perseverance in the
session today, with
keeping Cinnamon
behind my back”*

PARTICIPANT FEEDBACK



Completed Arena!

The Hope Rising Farm team are so grateful for the completed arena. There are so many people to thank for all the hard work that has gone into this amazing facility! We had a fund raising campaign which was supported so well. There were materials donated, services donated and lots and lots of hard mahi donated. **THANK YOU** everyone who has been involved in this project. Our programmes can now run all year round.

“Amazing day! Lots of laughs, smiles and learning. The farm is beautiful, we are so lucky to be able to come every week! The girls are learning so much and their confidence is growing!” ”

SUPPORT STAFF FEEDBACK



Programme Manager Update



“I am learning about boundaries, Tango is teaching me about boundaries, I have had a few experiences of broken boundaries in my life and I am learning it is ok for me to have some boundaries and it can be a positive thing.”

PARTICIPANT FEEDBACK

We have so enjoyed the start to all our programmes this year, and meeting all our amazing new participants coming to learn and make connections with animals. One cool story from the term so far has been seeing one participant who started out not talking much, finding it hard to make eye contact, unable make choices or share his thoughts. This young boy made a friendship with one of our little miniature horses Maxi, and started off cuddling, brushing and even painting him. These calming sensory activities allowed him to relax and become open to more learning, and over the weeks we were able to introduce leading, obstacle courses, adventures, and more and more skills with the horses. It is so amazing to see how this young boy is now so skilled, so much more confident and expressive, and has such joy! He shows others how to be a leader, how to care for the horses, how to show empathy. He makes his own decisions, has wonderful problem-solving skills, and is much more open to teamwork. Today he was running, laughing, and playing with others, and with a big wave he skipped down the driveway calling out “See you next week!” .
Eve - Programme Manager



Volunteers

We are so thank full for the many volunteers that help to keep Hope Rising Farm functioning. We couldn't do it without your help.

Recently we have had some new volunteers join the team. Welcome to Aleisha, Sarah, Abigail, Abbey, Lydia and Bethany.

If you have some time available and would like to help out with the equines, farm, projects, events or admin, please visit our [website](#) and complete our online volunteer form.

Group Volunteers

Late last year we had the privilege of having a great team from Rabobank visit the farm for a day, volunteering. This is an initiative Rabobank have implemented for their staff to give back to the community. Thank you Rabobank

If you know of a business that would like to bring a team of volunteers to the farm to help us continue to improve the facilities for our programmes, we would love to hear from you. Please contact Maria, Email admin@hoperisingfarm.org.nz or complete our online [form](#)

“You can be a leader, where you go the horses go too, they want a good leader”

PARTICIPANT FEEDBACK



Upcoming ...

Sarah Linton Saddle Fitting Demo 16th March 2024

2pm - 4pm Event Overview:

- Identifying horse discomfort signs.
- Assessing saddle fit for horses.
- Understanding rider seat sizes/styles.
- Exploring saddle accessories pros/cons.

This is a fundraising event for Hope Rising Farm. Thank you for your support
Cost \$20 including afternoon tea -
Register [here](#)

NEW Teen Holiday Programme

15th, 16th, 17th April 2024

Embark on our Teen Horse & Farm Holiday Program Ages 12-16, 9 am - 3 pm daily. Experience farm life, horse activities, creative arts, sports, and relaxation. Make friends, horse activities, meet animals, and have a memorable time!

Cost \$275 - Register [here](#)

OFFICE AND YARD BUILDING PROJECT



We are looking for volunteers from the 2nd April to assist MMM in bringing our new offices and yards vision to life. We envisage this will be up to a six-week project and if you are available to provide assistance, we would love to hear from you. We like to support MMM with morning tea and lunches, so any contributions over this time would be grateful received.. Please contact Maria or Steven for more information. Thank you in advance to every one contributing to this project.