

Celebrating 10 Years!



ISSUE 3 · NOVEMBER 2023 - TERM 4

HOPE RISING FARM

Hello Supporters & Friends!

As we write our final newsletter for 2023, and reflect on how the past year has been for Hope Rising Farm, we can't help but be truly thank full. We have had a year of growth in so many ways. Our programmes continue to grow, reaching more people and changing lives in our communities. Our facilities continue to grow to enable us to have more versatile spaces to run our programmes. Our support base has grown so much this year as more people get to know who we are and what we do.

Thank you to everyone who has been a part of this growth, it has helped to set us up for an exciting 2024 ahead.

We wish you all a safe and Merry Christmas with your families, making special memories together.

The Hope Rising Farm Team



Benji,
Hope Rising Farm's first pony

This issue:

10 Year Anniversary
Website update

PAGE 02

Hang Out With Horses
Sand Fundraiser

PAGE 03

Annual General
Meeting

New Board Trustees

PAGE 04

Thank you for your
support

What's coming 2024

PAGE 05

Programme Managers
Report

PAGE 06

What's happening

PAGE 07



10yr Anniversary

Earlier this month we celebrated our 10 year anniversary. It was wonderful to have so many of you join us to enjoy this occasion. It was the first time we have had so many come to the farm, so it was a relief to fit all the cars in the car park. We got to enjoy catching up with old friends, and made new ones whilst we enjoyed a scrumptious spit roasted lamb.



We then had some time for sharing our journey and what the future is looking like for Hope Rising Farm. To read more about the evening, visit our [blog](#). For the many that wanted to come but were unable to for various reasons, please get in touch to organise a time to visit the farm and catch up.

Website update

This year we have had incredible support from Alison Clarke. She has helped us in updating our website to be an informative place for our visitors, supporters and providers to go to and learn about Hope Rising Farm in detail. We have added numerous pages, an example of a couple below:

- Events - we have now made it possible to book and pay for some of our programmes online, this helps the administration of these events much easier.
- Donations - we have now outlined several options on how you can donate, options to choose what you would like to donate towards and even other ways of supporting us.
- Please have a good look around the website, we would love to hear your feedback. www.hoperisingfarm.org.nz

Alison has a marketing background and would love to hear from you if you need help in marketing or website design.
Clarked1992@hotmail.com
[Please read her story on our Meet the Team Page](#)



“MY TIME AT THE FARM HAS BEEN AMAZING, I LOVE IT HERE. WHEN WE FIRST STARTED THE PROGRAMME I WAS ANNOYED AND ANGRY BECAUSE I THOUGHT THIS WAS STUPID, NOW THAT I AM AT THE END OF THE PROGRAMME I WISH IT WAS LONGER, I LOVE IT HERE, I'M NOW CALMER AND HAPPIER! I NOTICED A CHANGE IN MY MOOD. THE STAFF HERE WERE AMAZING AND CARING AND VERY RESPECTFUL. I WOULD TELL SOMEONE ELSE WHO WAS THINKING ABOUT COMING HERE THAT THEY SHOULD DO IT BECAUSE IT'S ABSOLUTELY AMAZING. THIS WAS THE ONE THING I LOOKED FORWARD TO IN THE WHOLE WEEK.

PARTICIPANT FEEDBACK





Hang Out With Horses / Bunnings

For the first time we have combined one of our Hang Out With Horses (HOWH) programmes with Bunnings. Nancy, the Bunnings Community Activities Co-ordinator has previously been at one of our HOWH events and she loved it so much she offered to join us and run a creative workshop for the women to enjoy along side the pony interactions. That is exactly what happened on the 23rd November, and it was a great success.



Women joined us for a relaxing evening where they got to meet new friends, enjoy a yummy supper, alongside some time with the ponies, and then on to learning how to make macrame. For the full story read our [blog](#).

Thank you Bunnings for your support and providing all the materials.

Sand Fundraiser

One of the final steps to complete our arena is to fill the arena with sand. We calculated that we needed the equivalent of 100 trailer loads of sand @ \$50 a trailer. We started this fundraiser at the celebration and with the help of many supporters we are very excited to announce that all 100 trailer loads have been donated! THANK YOU SO MUCH FOR YOUR SUPPORT!



We are now organising metal and geo mat for the foundations of the arena and the manpower to complete this project. If you would like to donate towards this project or volunteer your time, please visit our [donation page](#)



“At home it’s way calmer and I am a lot less stressed having not to diffuse my son which could take up to a hour even longer, and also my son is no longer scaring his peers and teachers. We’ve had little to none outbursts since we’ve started at Hope Rising, he now has positive ways of coping at home when he needs it”

PARENT FEEDBACK



AGM

Back in September we had our Annual General Meeting. We had a great turnout wanting to learn about the past year and the difference we are making in our community. The Annual Report was presented, which you can read on our website [here](#).

BOARD TRUSTEES

Recently we had the pleasure of two new Trustees joining the Hope Rising Farm Board.

We are excited to introduce to you Huntly Ward Counselor for the Waikato District Council David Whyte. David had been a supporter of Hope Rising Farm for a number of years, so to have him now join the Board is going to be a great asset to the team of Trustees. Please read all about David on our [Meet The Board page](#)



Our second new Trustee we are also excited to have join us is Leah Crawford. Leah comes with a wealth of experience in elevating the well-being, prosperity, and resilience of the most vulnerable youth across the Waikato. Please read more about Leah's story on our [Meet the Board Page](#)



"I LIKED VAULTING BECAUSE I LOVED CHALLENGING MYSELF AND RIDING PEARL. I LOVED THE OBSTACLE COURSE WE DID AND ALL THE LEADERS BECAUSE THEY ALWAYS MAKE SURE THAT YOU ARE OK

HOLIDAY PROGRAMME
PARTICIPANT FEEDBACK



Programme Manager Report

Our term 4 has flown by in a swirl of sunshine, as it always does at the end of the year! We have had our childrens' programmes, women's programmes, our teen farm skills programme, and our after school programme. We have also had a few Taster sessions with organisations looking into working alongside us, and we always enjoy showing new groups around the farm and giving them an experience of connecting with the horses too. This term programmes have been full of participants grooming, working on clear leadership with horses, adventures up hills, new team games, obstacle courses, riding, making new horse obstacles, working with cows, doing wood work, plant work, and lots of spring weeding! We love the progress our tamariki have made, as they begin demonstrating their new skills in managing animals, in managing their emotions, connecting with others, being confident, being calm, trying new activities, reflecting on challenges, problem solving and working with increased resilience.

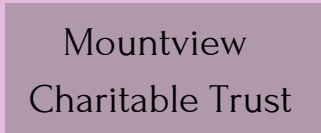
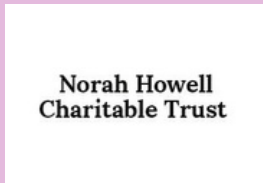
A highlight has been seeing participants running up the driveway each session, smiling, laughing and rushing into the barn to get started with their horses as soon as possible.

We have been doing our end of term feedback with participants in the last few days and some quotes have stood out "I have grown, I've changed, I come a long way" "I really feel more confident now, and my skills have got so much better this term, and I am looking forward to coming back next year! Also I am thinking about getting a job soon, I am so excited!" What wonderful words of hope from our young people. Thank you for supporting us and being a part of our journey, we are looking forward to our upcoming Teen Holiday Programme in December, and Christmas, and then of course the start of an exciting 2024!



"FROM THE BOTTOM OF MY HEART THANKYOU TO EVERYBODY FOR YOUR SUPPORT AND COMING THIS EVENING, WE EVEN HAVE PEOPLE FROM WHANGAREI"

RACHEL RALPH
FOUNDER



We want to thank all our supporters whether you are funders, businesses, individuals or volunteers that have joined us on this journey of making a difference in the lives of our community. We could not do this without you. Thank you. If you would like to know more about how you can join us please contact Maria at admin@hoperisingfarm.org.nz

Or if you would like to donate today

DONATE
NOW



Whats coming in 2024

- Complete arena
- Investor to build offices and yards
- Open Day for community (watch out for date)
- Investigate new opportunities for programmes and use of arena
- Volunteers and Buddies needed





What's Happening...

16th December 2023
BARBECUE FUNDRAISER

11th - 13th December 2023
TEEN SCHOOL HOLIDAY
PROGRAMME

22nd December 2023
END OF YEAR DATES

NEW Programme - TEEN School Holiday Programme

This term we have decided to organise a holiday programmes for teenagers!

- 11-13th December 2023
- Cost \$200
- 9am - 3pm
- Ages 12-16yrs

Opportunities to meet new friends, experience farm activities with a range of animals, time to be creative and have fun! We work with the horses, learn about grooming and leading, have an experience of horse riding and vaulting, meet the cows and sheep, go for farm adventures, have picnics, do creative activities with paint and clay, play some sports and of course have lots of relaxation time as well. Book [online](#). Spaces are limited

16th December 2023 - Bunnings Te Rapa - Sausage Sizzle/Baking Table

We are fundraising towards the continued development of our facilities. Please support us where you can:

- Donation of baking for our Baking Table
- **Volunteer time to help on the day**
- Visit us and meet the team
- Donation



THANK YOU New World Ngaruawahia for your support in helping with supplies

Contact Maria today 021 177 3075 if you can help!

End of year closing dates

Hope Rising Farm will be closing on the 22nd December and will reopen on the 8th January 2024.

If you would like to organise a visit and tour of the farm in January, please contact Maria to arrange a time.

I FEEL REALLY HAPPY COMING HERE, TO HAVE TIME OUT FROM OTHER STUFF IN MY LIFE, AND I LIKE SPENDING TIME WITH THE GROUP HERE, THAT MAKES ME FEEL MORE RELAXED AROUND OTHER PEOPLE TOO. I REALLY LIKED TROTTING WITH LACEY, SHE IS FUNNY, IT MAKES ME FEEL INDEPENDENT AND IT MAKES ME FEEL LIKE I KNOW WHAT TO DO! THERE IS SUCH A CHANGE FROM THE BEGINNING OF THE YEAR"

PARTICIPANT FEEDBACK

