

HOPE RISING FARM CHARITABLE TRUST

ANNUAL REPORT 2023

**PRESENTED BY:
THE HOPE RISING TEAM**



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A WORD FROM THE OPS MANAGER

This past year has been an exciting year for Hope Rising Farm (HRF) settling into the newly leased farm. Consequently it has been a year of dedicated hard work from the staff and volunteers; and we have seen the benefits of this in a greater awareness of what we do in our community, something we hope you see mirrored in the following pages of our latest Annual Report!

ALAN KUYPER



WHAT WE DO

We run youth and women wellbeing skill based programmes in a farm environment, using horse activities, farm experience and mentoring. In the programmes, participants attend weekly wellbeing sessions with a small group of participants and farm mentors. Sessions include horse activities designed to build self-confidence, leadership, empathy, communication, problem solving and teamwork, as well as practical horse and farm maintenance skills. Participants learn about self and others and increase overall physical, mental and emotional wellbeing.

We have 10 years' experience in horse-based wellbeing programs and our programs are designed by a professional therapist to provide for an evidence-based structured approach to positively impacting children's lives. The programs we provide currently are:

- Small Group: these programs cater for a maximum of four participants with two to three mentors taking them through activities and learning experiences. The program takes 8 to 10 weeks to complete.
- Individual: for individuals that struggle to work in a group setting, we provide one-on-one sessions that involve the same structure as the group sessions
- After school and Holiday programs provide school kids a fun time outdoors on the farm with animals and a chance to ride a horse at the end of the program.

OUR WHY

Hope Rising Farm's purpose is to empower vulnerable children, youth and women to live lives filled with hope and equipped with the life skills to positively impact in their own life, their families and their communities. Our participants would courageously take their place in the world, knowing they are valued, and encouraging and empowering others to a better life.

Participants learn to trust, build confidence in themselves and others in a relaxed environment. Working with the horses and on the farm, participants can practice personal and interpersonal skills in a safe and fun learning environment.

The ultimate impact is to give participants life skills to make a difference in their life and that of their whanau and friends, which in turn helps schools and workplaces function more dynamically leading to a thriving community.



A WORD FROM THE CHAIR

When reflecting on the past twelve months a general theme of consolidation has emerged; brought about by the purchase of the new farm, renovation and shift on in June. The team have now been operating from the farm for fifteen months and the new environment has certainly presented some unique challenges from a farm management / utilisation perspective, necessitating a steep learning curve for all our hooves and hands alike. Over this transitory time the team must be commended for demonstrating considerable flexibility and perseverance to keep programs running while actively managing multiple disruptions enhanced by one of the Waikato's wettest twelve-month periods on record. Special acknowledgement must be given to Alan Kuyper our operations manager for his diligent, caring leadership and the team themselves for continuing to turn up and put in the hard mahi, day after day. Hats off to you all for a job well done.

In amongst the bad weather this year thanks to the fantastic team of volunteers we have managed to undertake and deliver further site developments so that the facilities now include a larger car park, round pen and rectangular exercise arena; pending sand and gates these areas are largely finished. The new arenas are already being used for programs and with sand and drainage it will become an all-weather space, greatly extending the capabilities and options for future programs. Additionally, through the kind donation of a digger we have continued to prepare (in amongst the weather) for new yards, office pad (next year) and track improvements to enable greater access and utilisation of the farm.

In respect to board activity, meetings have been conducted on a bi-monthly basis to track the varied operational activities and provide guidance for the challenges. Over this past period, we have had to sadly farewell Aroha Gaylor, and bid welcome to new members Astra Patmore and Leah Crawford, currently we continue to seek additional board members, referrals are most welcome.

Once again, many thanks to all our funders, donors and our amazing volunteers that have invested countless hours into looking after animals, building, and renovating facilities. Without all your investment, partnership and assistance our progress would be impossible. Special thanks to all the organisations that we now connect with to provide clients for our programs and the opportunity to positively impact lives and bring our community's much needed generational change for the better.

STEVEN SENN
BOARD CHAIRMAN

OUR BOARD



Steven Senn

CHAIRMAN

“My goal is to help grow Hope Rising Farm to the place it can make a serious contribution to the community effort of raising outcomes for our most vulnerable youth and women.”

He tangata he tangata, he tangata!



Rachel Ralph

FOUNDING

BOARD MEMBER

“I love young people and have a powerful desire to see them grow and to become all they can be. I love seeing a change in their thinking about what’s possible and to see ‘the lights go on’ in an area of their lives.”

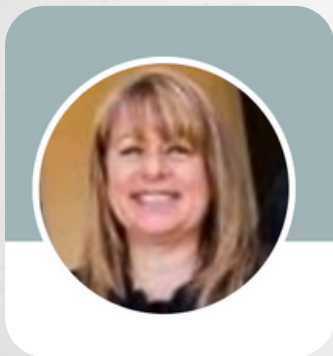


Andy Ralph

FOUNDING

BOARD MEMBER

Andy trained as a Youth Worker and initially worked in this field for about 12 years with a number of youth employment organisations, ranging from local councils, churches, and community groups.



Leah Crawford

BOARD MEMBER

“I believe wholeheartedly in the work of Hope Rising Farm. I bring my twenty plus years of experience working with local vulnerable youth to assist the HRF team to maximise its contribution and make a lasting difference to those that need it most.”



Astra Patmore

BOARD MEMBER

“My heart is to see people have a safe space where they can be supported, find hope and transition into a new chapter. Where their past experiences, don’t have to dictate their future. I believe in the vision of Hope Rising and the change it can bring to every person who engages with it.”



Alan Kuyper

BOARD MEMBER

“My aim is to help make Hope Rising Farm Charitable Trust a sustainable, efficient and affective trust that will be around for many years, to support and uplift vulnerable children, youth and woman.”

OUR PAST YEAR

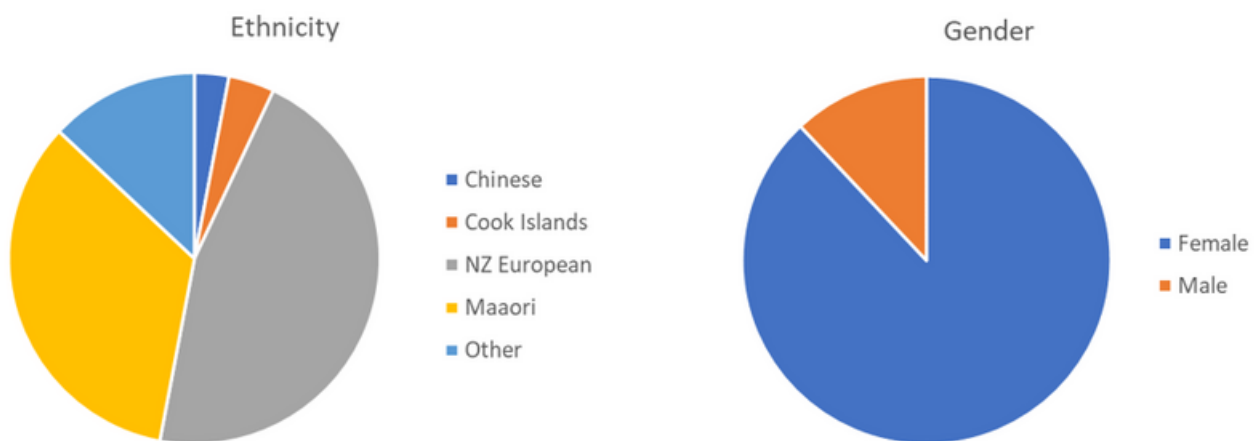
PROGRAM PARTICIPATION

During 2022 we were able to run 188 sessions within 26 different programmes, engaging 137 clients. Including two retirement village visits, we impact approximately 197 lives. Although we have not yet seen the long term effects, we are sure that we have introduced hope to lives that desperately needed it.

Our clients came from Huntly College, Ngaruawahia High, Whanui Services, Community Link, Enrich Plus, Anglican Action prison ministry, After School and Holiday Programs.



Student diversity is depicted in the figures below:



BUDGET AND FINANCES

(APRIL 2022 – 31 MARCH 2023)

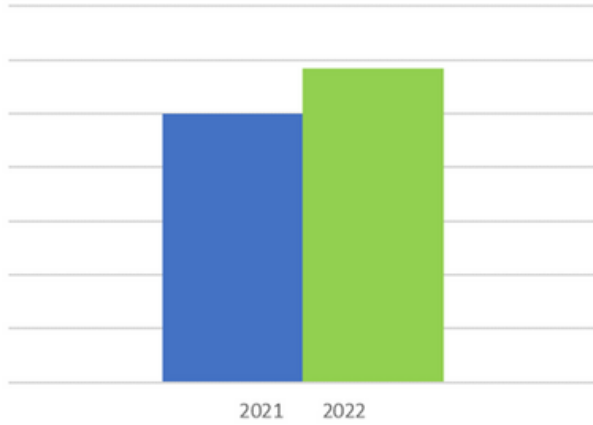
Thanks to our supporters; we were able to continue to provide our programmes at a subsidised rate, which makes it affordable to our local community and target groups. Your donations and grants helped us to close the financial year with a small surplus.

Although we had to pause our programmes for about a month during our move to the new farm, our Services Revenue from Programmes increase by 17%. Our revenue was further supported by an increase of 82% in Donations and Grants. Thank you so much to all of you !!!

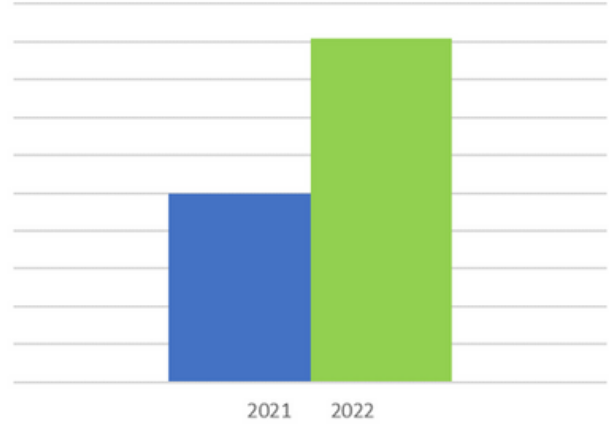
Setting up on the new farm had many hidden costs, which resulted in a significant increase in expenses. The Cost of Providing our Services (programmes) increased by 160%. We increased our staff numbers by one part time person which contributed to an increase in Volunteer and Employee costs of 60%.

OUR YEAR IN STATISTICS

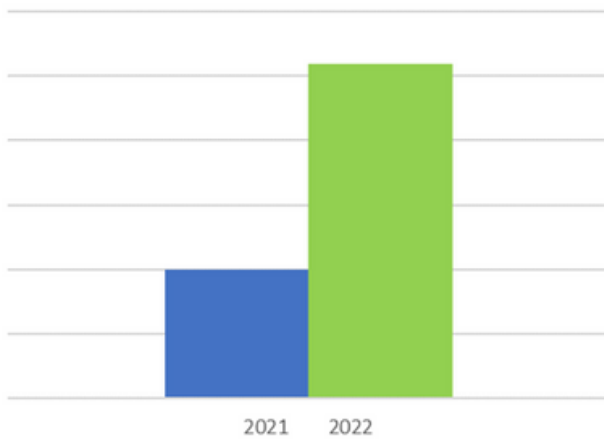
Program Revenue



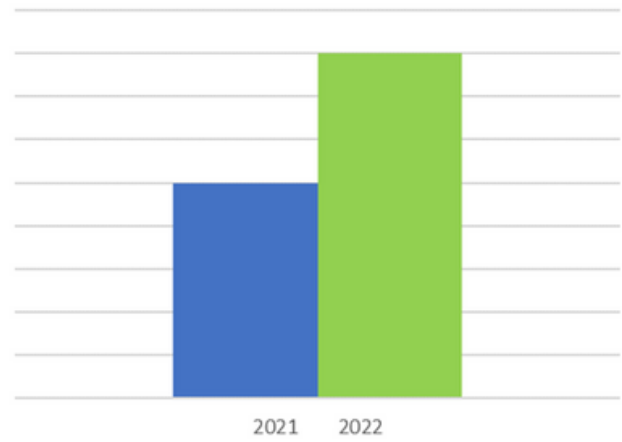
Donations and Grants



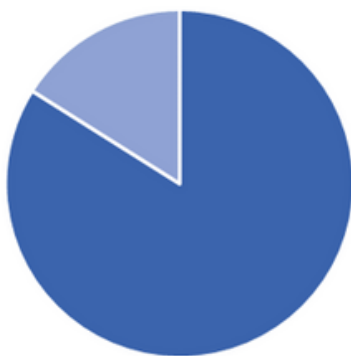
Cost of Providing our Services



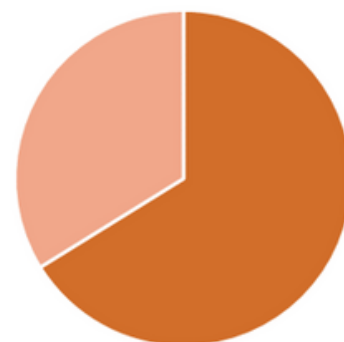
Volunteer and Employee costs



Revenue



Expenses



■ Donations and Grants ■ Program Revenue

■ Volunteer and Employee costs ■ Cost of providing service

ABOUT OUR PROGRAMMES

TIME OUT WITH HORSES YOUTH:

Our programme specifically geared towards teenagers that are struggling at school and/or life in general. School students are partnered with a 'buddy' (mentor) and an equine, for weekly wellbeing sessions where they do horsemanship skills, horse care, farm skills, and team activities. Participants develop skills in confidence, leadership, emotional management, and interpersonal skills. Sessions run 2 hours, for 10 weeks, during term time.

TIME OUT WITH HORSES WOMAN:

We have women's programmes for wahine wanting to manage their self-care, well-being, resilience. and build confidence through the experiential learning with horses and the outdoors. Open to wahine with a range of abilities. No previous horse experience needed. The women's programmes runs weekly, for 2 hours, for 10 weeks, each term.

HOLIDAY PROGRAMME:

We run holiday programmes where participants can come and learn skills about horse care, do grooming, leading, and practice riding skills. We go on adventures, play games, and do team challenges. The holiday programmes run for three full days most weeks of the school holidays.

AFTER SCHOOL PROGRAMME:

Runs weekly for approximately 8 weeks comprising similar content to the holiday program (above).

HANG OUT WITH HORSES

This is run as a drop in session for women who are wanting to connect with other women, experience uplifting interactions with horses, and learn some horsemanship skills all in a relaxing outdoors environment. This program runs as advertised, for 2 hours.



OUR TEAM

PAID STAFF

Six staff are currently employed part time, which equate to 3.5 full time equivalents (FTE's).

Maria Cleland - Office Manager

Maria expertly manages the administrative side of the charity and also works as a Buddy (mentor) in order for us to be able to take advantage of her developing counselling skills. Maria also has a flair for event planning which we are using to our great advantage!



Eve Cunnane - Program Manager

Eve is responsible for managing our programmes at Hope Rising and has done a sterling job ensuring that all programmes are organised superbly and are relevant to our specific client requirements. Her Arts Therapy degree additionally enhances all the programmes that are run. Eve is also actively involved as a buddy/mentor.

Heidi Reid - Equine Assistant & Buddy

Heidi is actively involved as buddy/mentor and with her extensive experience in handling and caring for horses, assists in caring for our equines. Heidi loves seeing students' confidence grow in themselves and in their relationship with their horse. She has a couple horses of her own and rides English or Western depending on what she's doing.



Rachel Ralph - Founder

Over the past year Rachel has been involved as a buddy/mentor and part of the strategic and marketing team. Her passion is for vulnerable children and women in the local community and this can be seen by her dedication to the vision of Hope Rising Farm, having been formally recognised through winning Waikato Volunteer of the Year.

Alan Kuyper - Operations Manager

This role encompasses responsibility for overseeing operations, managing staff and developing the business side of Hope Rising Farm. With many years working in project management Alan has developed as a people leader that leads by example and loves to see teams grow and succeed.



Rosie Cleland - Equine & Farm Manager

Our newest staff member has been a prior HRF volunteer from 2016. Rosie's prior experience was equine training and as a Buddy. Having grown up riding and caring for farm & domestic animals and working alongside a farrier handling young and troublesome ponies around the Waikato. Rosie has gained a great deal of valuable knowledge and experience in the equine industry.

Rosie is inspired by seeing the change in young people as they discover the benefits of relationship with animals.

OUR VOLUNTEER STAFF

We would not be able to continue our work as we do without the support of our volunteers. Four gentlemen deserve special mention as they have worked many days and their efforts have been of inestimable value to the team of HRF – working on the farm infrastructure, assisting with mentoring, handyman skills and just general assistance where-ever, when-ever needed: Steven Senn, Mark Wairepo, John Clapp and Des Botting.

They are not alone, we would also like to acknowledge and thank by name all others who have regularly supported either with time, finances, food or anything else that was required: Andy Ralph, Danielle Dodd, Rosie Cleland (2022), Jeremy & Graeme Cleland, Keisha Gilling, Isolde Pennings, Mikayla Lagore, Glennis Mason, Naomi Pennings, Abby Gordon, Isaac Gilling, Melody Woodward, Sue and Shiloh Clausen, Kerry McGregor, Marcella Uren, Garth Uren, Becca Monk, Gillings Family, Pete & Jane Simmons, Roland & Sharon Rufer, Bird Infrastructure Ltd, Macic Heating Plumbing and Gas Fitting, Quigleys Farm Bridges, Mobile Mission Maintenance.

**VOLUNTEER HOURS TOTALED OVER 3860HRS
THIS IS A SIZEABLE INCREASE FROM 2200 HOURS IN THE PREVIOUS YEAR.**



SUPPORTERS – FUNDERS, DONORS AND OTHER SUPPORT

As ever we are incredibly grateful to all our funders, donors and supporters in general. Our supporters support us in so many ways through providing labour, goods, financial assistance, prayer support, food, advice and so many other things. We would like to acknowledge all our sponsors and funders (both financial and any other support) below. We would not be able to function without your assistance. THANK YOU!

Personal donations and Give-a-Little

WEL Energy Trust

Department of Internal Affairs (COGS)

DV Bryant Trust

Len Reynolds Trust

Lion Foundation

C3 Church – North City

AFFCO Horotiu

Mount View Trust

Norah Howell

Tindall Foundation

Trust Waikato

Waikato District Council

Trowel Trades Hamilton

Thomsons ITM Hamilton

Roofing Specialists Ltd

Ngaruawahia New World

Farmlands Hamilton

FEEDBACK & ENDORSEMENTS

Student - “I am trying new things in a fun and easy way, I had a fun time jumping on the horse after a while, taking easy little steps. It is weird to be the leader for the horse but I’m starting to like it, it makes me nervous, but it’s ok here, other places it’s hard.”

Student - “Coming here meant my day ended in a very nice and happy attitude, it helps my anger. I didn’t expect to finish my day happy. I am getting more confident with Tango now, I know what to do, I know all the things!”

Parent - “I can see the changes in her, before she came she was low energy, depressed basically, more withdrawn, but now she is calmer, more balanced, more positive, throughout the week, and just generally more confident. Like she feels she has achieved things and she has something to look forward to during the week”

Support worker - “I see less frustration in him, and more ability to try multiple times. Also he has been running and jumping and way more energised after sessions”

Parent - “I have seen my son's confidence skyrocket and he's now open to doing more and new things that would have previously made him scared and not participate and then further upset and angry with explosive tantrums.”

Teacher - “I have seen changes in his behaviour, he gets super excited when it is time for him to go to the farm. He does not get animated often, but this is one of the things that has him super excited. He has not had an episode or anger outburst in quite some time, he is able to manage himself much better. I am not sure if it is only because of Hope Rising Farm but it is definitely an important factor that contributes to his overall wellbeing. He is connecting and attempting to engage with more of his peers, people that he had not previous interactions with. He used to climb a tree and sit in it during break times and that has completely stopped. It is lovely to see.”

THE YEAR IN PICTURES



FINANCIAL STATEMENT EXTRACT

Hope Rising Farm Charitable Trust cc49073 For the year ended 31 March 2023

Account	2022	2023
Income		
Donations Received	51,765.16	92,559.08
Grants Received	48,500.00	89,750.00
Interest Income	13.80	16.25
Other Revenue	5,400.00	0.00
Services and Event Income	27,933.25	31,192.50
Sponsorship Funding Received	0.00	270.00
Total Income	133,612.21	213,787.83
Less Expenses		
ACC	284.69	622.26
Accounts Payable	0.00	(2,597.35)
Advertising	0.00	38.70
Animal Health	3,953.16	5,405.18
Bank Fees	0.00	25.00
Bookkeeping & Consulting	2,414.01	3,422.07
Computer expenses	270.88	2,699.32
Consultancy	0.00	1,150.00
Consulting & Accounting	0.00	2,875.00
Contracting	0.00	150.00
Equipment	2,562.08	8,889.33
Fences and Gates	962.18	447.27
Fundraising & Marketing	1,236.44	0.00
General Expenses	24.50	442.61
Gifts	576.09	2,280.76
Giving	7,250.00	3,089.00
Insurance	4,446.08	652.85
KiwiSaver Employer Contributions	2,093.62	1,164.39
Legal expenses	0.00	1,374.25
Meeting Refreshments	60.00	0.00
Mileage Reimbursements	197.50	0.00
Motor Vehicle Expenses	149.29	1,110.00
New Project Expenses	0.00	13,076.63
Office Expenses	123.15	229.14
PAYE Payable	(1,113.56)	(1,435.09)
Printing & Stationery	584.02	560.28
Refreshments for Students & Volunteers	1,429.99	2,349.59
Rent & Lease	3,125.00	15,039.35
Repairs and Maintenance	23.10	551.60
Staff Training & Education	525.00	67.25
Stock Feed	6,451.04	8,894.34
Subscriptions & Fees	341.11	949.75
Telephone & Internet	917.49	1,352.98
Wages	83,102.97	136,556.75
Wages Payable - Payroll	(3,794.29)	5,731.61
Website Expenses	351.54	32.77
Total Expenses	118,547.08	217,197.59
Surplus (Deficit)	15,065.13	(3,409.76)

*Note this statement should be read in conjunction with the full performance report.

**FYI HRFs accountant has switched from cash to accrual basis accounting for the 2023 year.

For further information

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Facebook: <https://www.facebook.com/HopeRisingFarmTrust>

